

## Howya Bean!

Good question. We have been pouring our villa & hut kafe blend\* coffee since 2001 and have now poured well over 1,000,000 cups of coffee!

When we get asked "Howya Bean?", we smile and take pride in the fact that a big part of the success of our kafes has always been the quality, consistency, taste, aroma and freshness of our beans.

Our coffee beans are certified under ALANCI GUARANI, registered with the SCAA (specialty coffee associates of Australia), and endorsed as ethical and sustainable coffee by CQIA, a 5 star certification that assists growers in third world countries.

Additional to this, between 5% and 8% of the price of our coffee goes directly to World Coffee Aid, which supports many projects around the Archipelago. Funds are then directed to the charities of our choice. This is the most direct way we believe that we can do our bit for the world we share.

So next time someone asks "howya bean" – tell them that you've bean to villa & hut for a coffee... and you're fe'eeeeelin good!



## 10 years on!

100's OF YEARS IN THE MAKING



Welcome to our first V-News for 2009, and ten years for villa & hut. As we gear up to celebrate our 10th birthday, it's important for us to reflect on what positive impact villa & hut has had on a planet struggling with pollution, diminishing forests, global warming, and ongoing concerns with child labour & lack of fair trade with third world communities.

Whilst our brand is far from perfect, we still remain focused on:

- sourcing recycled & reclaimed timber for our furniture;
- using recycled cardboards for our freight & packing;
- selling coffee endorsed with a 5 star rating as ethical & sustainable;
- supporting World Coffee Aid\* to assist global communities;
- partnering World Vision\* to assist with educational & wellbeing programs
- ensuring that 90% of what we sell is sourced directly from the villages & craftspeople that make each item. This, more than anything else that we can do, ensures that both Fair-Trade & Eco-Trade starts at the source of our raw materials, not at our warehouse door.

On behalf of every villa & hut tribe member spread around the globe, I would like to thank the hundreds of thousands of customers that have chosen to deal with us over the years; whether being for a coffee table or just a coffee! Thank you for helping us do just that little bit that might make a huge difference to the planet & the people that we share it with.

Happy 10th birthday villa & hut!

Franz Madlener, Managing Director, Villa & Hut Group  
email me on [greenideas@villaandhut.com](mailto:greenideas@villaandhut.com)

## villa & hut: using recycled timbers since 1999 because "eco" is not a fad

By printing our newsletter with a green printer we saved 638 kgs of damaging greenhouse (CO2) emissions. By comparison the average Australian tree absorbs 430 kgs of CO2 over 30 years or 14kg annually.



villa & hut news is printed on 100% recycled paper using a carbon neutral process

visit [www.villaandhut.com](http://www.villaandhut.com) today!

# vstore

Browse online at [villaandhut.com](http://villaandhut.com) for our unique selection of furniture, homewares, music, instruments, coffee, gift vouchers and more. Simply select the category you wish to browse, then click on the product for more information and a larger image. To purchase simply 'add to basket' and follow the prompts. Payments can be made via secure online credit card payment, funds transfer, paypal or over the phone.

**happy shopping**



Gift Cards & Vouchers  
From \$10 and upwards.  
And add a special touch  
with our 'hand made  
vouchers'.



Our famous  
Vanilla & Spice Chai  
From \$23.90



Putumayo CD's from  
around the globe.



Furniture care products  
from Inca. Waxes, sprays,  
oils, putty, scratch pens  
and more!



## v-news profile Bapak Ketut Puspa

This issue we are profiling Ketut Puspa, who was one of the very first Balinese craftsmen to hand carve products for villa & hut 10 years ago. Ketut is one of Bali's most talented young wood carvers, who started his first business with his older brother, and then branched out alone at the age of 25.

Originally carving ducks & chickens, Ketut soon began experimenting with a much wider assortment of birds, introducing new varieties, sizes & colours. Ketut gets his inspiration from photographic books & magazines, sketches, and the birdlife around him in the rice paddies.

Ketut initially sold his wares to villa & hut, a few 'off the beaten track' markets, and to those lucky enough to find his shop, which is hidden away on a picturesque village road. His wants & needs haven't changed a great deal in all the years he has been carving for us, but more and more people are hearing of his talents and searching him out! His is a quiet achiever and considered a true artist within his community. Other great items that villa & hut have sold over the years have also come from Ketut, including ornamental wooden door stops & a huge array of beautifully carved candlesticks.

Because of the great demand for his products in villa & hut outlets around the globe, Ketut now employs many in his village located in the hills of Tegalalang, Bali, ranging from wood carvers to painters. He married his long time sweetheart Wayan, and they now have 2 healthy young boys. Ketut & his family have a strong commitment to the Balinese traditions and they are very involved within his village community, where he is a familiar face at the many traditional ceremonies.

Some of you reading this will remember the original door stops & small carved birds available from villa & hut all those years ago, and notice that 10 years down the track we are still dealing directly with Ketut Puspa, his family, his community & his village. Like many of the people we deal with, he is more than a just supplier to villa & hut, he is reflection of the value of a long term relationship, a true friend to many in the villa & hut tribe - and most importantly our ongoing connection to the traditional arts of Bali.

[www.villaandhut.com](http://www.villaandhut.com)

# wooden it be good...

**BUY NOW**  
**INTEREST FREE**

pay sometime in the next 500 days  
don't worry about any deposit or paying any interest\*



(see counter for details or visit [villaandhut.com](http://villaandhut.com))

**and take it home today**

## Pure Lombok Mountain Water – Nature's cleanest...

*Australia's only 100% certified Halal and organic spring water!*

Now available in Australia, Narmada Water is a gift from nature, sourced near the age old temple high in the mountains called Narmada. Rated as one of the earth's cleanest & most pure streams, Narmada water flows from the crater lake of volcanic Mount Rinjani, some 3700 metres high, into the tropical springs below.

### NUTRITIONAL INFORMATION:

Sodium 4.3 mg/L  
Calcium 8.5 mg/L  
Magnesium 12.8 mg/L  
Potassium 3.8 mg/L

Narmada water has almost 50% less sodium content, and 30% more calcium content than most bottled water, as well as significantly more magnesium and potassium - making it the number one choice for people looking for a natural and macrobiotic water - that re-hydrates, and refreshes like no other water on earth!

*Narmada Water is distributed in Australia exclusively by Narmada Water Pty Ltd.*

*For wholesale enquiries please call 1300 792 532 or email [enquiries@narmadawater.com.au](mailto:enquiries@narmadawater.com.au)*



**ORGANIC**

pure spring water bottled at the source

# narmada

bringing fresh water to everyone

available at all

# villa&hut

**kafes**

## limited kafe franchise locations now available

*The villa & hut kafe concept is a proven success story, and has become one of the fastest growing independent cafe brands in Australia. A villa & hut kafe is one of the most exciting & original franchise opportunities in the coffee & food industry...*

**villaandhut.com**

admin@villaandhut.com 1300 792 532



# GREEN IS THE NEW BLACK



**NEW**  
GREEN TEA  
CHAI LATTE

## an acquired taste

'kind of like green tea ice cream -  
but hot and different'

## our secret recipe



### Calamocha Mocha Slice

*Las cosas claras y el chocolate espeso.*

*(Ideas should be clear and chocolate thick.) - Spanish proverb*

If you want to be a nutritional overachiever, then the partnership of chocolate & coffee is the cuisine equivalent of Batman & Robin, Romeo & Juliet, and the Blues Brothers all in one... In this issue we are featuring the 'never before published' recipe of our best selling Calamocha Mocha Slice. The beautiful town of Calamocha, located in the province of Teruel, Spain, is home to just 4500 people but the first place in the world to bring together coffee & chocolate – which is where the name Mocha originated - and just like all things Spanish – the secret ingredient to this delicacy is Love. Enjoyed best with a long black coffee (or glass of red wine)...

**Strength is the capacity to break a chocolate bar into four pieces with your bare hands - and then eat just one of the pieces - Judith Viorst**

#### OUR INGREDIENTS

1 can of sweetened condensed milk  
80g caster sugar  
160g unsalted butter  
2 shots (30g) of villa & hut espresso coffee  
150g dark chocolate, chopped (the darker the better)  
90g unsalted butter

#### FIRST – THE BASE

1 1/2 cups plain flour  
1 tablespoon baking powder  
80g caster sugar  
160g melted butter  
1 shot of villa & hut espresso coffee  
Set oven at 160 degrees

Prepare a slice pan (7 x 25cm). Grease the pan with oil or butter.

To make the base mix, sift flour & baking powder into a bowl with sugar, melted butter and coffee. Mix with a wooden spoon until just combined, place into pan then bake oven for 20 to 30 minutes, then set aside.

#### NEXT – THE CENTRE

Place milk, and 1 shot of coffee in a pan.  
Place over a low heat and stir continuously cook for 10 minutes until mixture thickens. Allow mixture to cool slightly then spread over the base prepared earlier.  
Place straight into the fridge to cool and set.

#### THEN – THE TOPPING

Combine the chocolate and butter in a pan, stir over heat until melted and smooth. Gently smear the cold slice with chocolate. Put back into the fridge until set.

#### FINALLY

Share it with friends or just share it with yourself.

**Chemically speaking, chocolate really is the world's perfect food.**  
*Michael Levine, nutrition researcher*

**YEARS IN  
THE MAKING**



**eco friendly & sustainable recycled timbers**  
• No logging • No burning off • No land clearing  
**Just furniture with character & history**

By re-using just one tonne of timber and paper you can save enough energy to:

- Heat the average home for 6 months
- Save **30,000 litres of water**
- Save **1,500 litres of oil**
- Save **3 square metres of forest**

Recycling timber consumes up to **85% less energy** – and eliminates up to **25% less air and water pollutants** – than creating products from raw materials.

Victoria now has less than **8% of its old growth forest left...** yet more than 50% of Melbourne's water comes from catchments still open to logging.

Each year **3.3 million (3,300,000!)** hectares of old growth forest are logged world wide... to make paper and timber products for commercial consumption!

Everyday **100 hectares** of Australian Plantation Forrest are logged for paper and timber products... which all required old growth forests to be cleared.

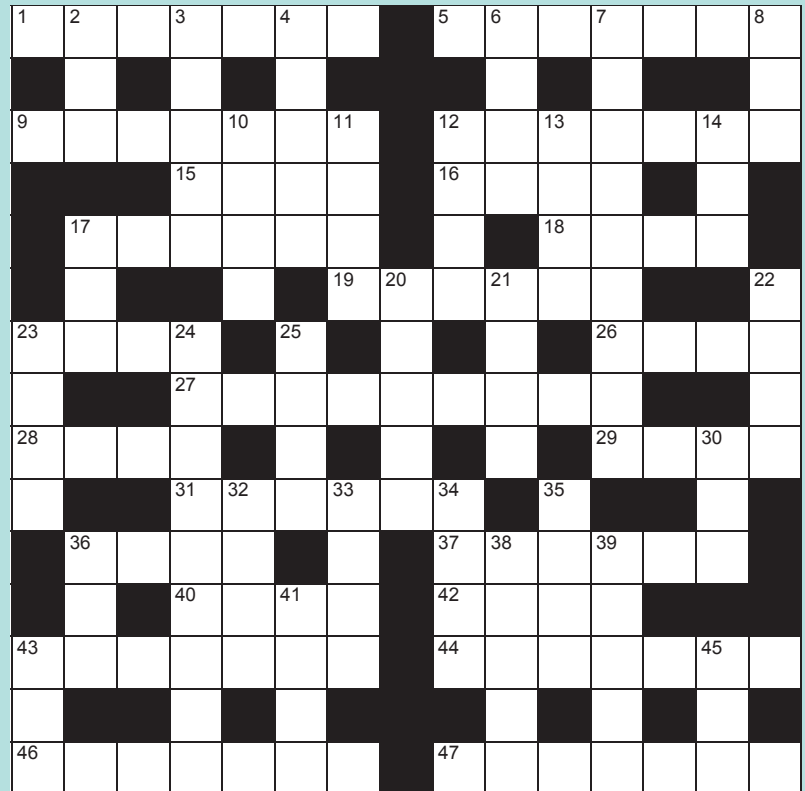
**villa & hut**  
**since 1999**

## ACROSS

- 1 Floral emblem of NSW (7)
- 5 Pompous language (7)
- 9 Book of religious services (7)
- 12 Harness maker (7)
- 15 Fence opening (4)
- 16 Affectedly proper (4)
- 17 Disallows (6)
- 18 Contemptible (4)
- 19 Plaid (6)
- 23 Daring (4)
- 26 Appointed assignment (4)
- 27 Universal language (9)
- 28 Hairdressing tool (4)
- 29 Small amphibious animal (4)
- 31 Messy (6)
- 36 Liver spread (4)
- 37 Bivalve mollusc (6)
- 40 The largest continent (4)
- 42 Stare with open mouth (4)
- 43 US President prior to George W. Bush (7)
- 44 Beyond this (3,4)
- 46 Generous (7)
- 47 Amaze (7)

## DOWN

- 2 Broadcast (3)
- 3 Put in regular order (5)
- 4 Banded chalcedony (5)
- 6 Egyptian actor; ... Sharif (4)
- 7 Net game (9)
- 8 Sailor (coll.)(3)
- 10 Fixing spike (4)
- 11 For fear that (4)
- 12 Box (4)
- 13 Prima donna (4)
- 14 The day before (3)
- 17 Couple (3)
- 20 Sharp and biting (5)
- 21 Slight colouring (4)
- 22 Short comedy send-up (4)
- 23 Great German composer (4)
- 24 One making first appearance (9)
- 25 Minor quarrel (4)
- 30 Armed conflict (3)
- 32 Birds' home (4)
- 33 Formerly Persia (4)
- 34 Type of Hindu philosophy (4)
- 35 Notice (4)
- 36 Friend (3)
- 38 Americans (5)
- 39 Musical beat (5)
- 41 Very small amount (4)
- 43 Mountain pass (3)
- 45 Flowed (3)



Puzzle supplied by the publishers of Crosswords for Pleasure - available at your local newsagent

**results at [villaandhut.com](http://villaandhut.com)**

**Retail locations:** The Glen, Glen Waverley (Vic); **Jam Factory, South Yarra (Vic);** Highpoint Home-Lane (Vic); **Essendon Homemaker Hub (Vic);** Casey Homemaker Centre (Vic); **DFO Cheltenham (Vic);** DFO Brisbane (Qld); **DFO Cairns (Qld);** Torquay Central (Vic); **DFO Canberra (ACT)**

**Kafe locations:** Melbourne Airport International Arrivals Terminal 2 (Vic); **Melbourne Airport Qantas Citiflyer Concourse (Vic);** Melbourne Airport Tiger Airways Departure Lounge (Vic); **Hobart Airport Check-in Terminal (Vic);** Adelaide Airport Gate 23 (SA);

**Adelaide Airport International Departures Terminal (SA);** Torquay Central (Vic); **DFO Cairns (Qld);** DFO Brisbane Airport (Qld); **Como Parade, Parkdale (Vic);** DFO Cheltenham (Vic); **DFO Essendon (Vic);** Highpoint Home-Lane (Vic); **The Glen, Glen Waverley (Vic);** Westfield Fountain Gate (Vic); **DFO Cairns (Qld);** Jam Factory, Opposite Village Cinemas (Vic)